

## Wildcat Valley

Deep in the mountains of North Carolina and Virginia there is a valley calling out to all teenage thrill seekers! Those who wish to explore this area will explore and find adventure through canoeing and kayaking on moving rivers and crawling through a wild cave! The trip will end as most trips do at Fitch by whitewater rafting in West Virginia on the last day (that's three days of water-based activities). Do you have the desire to explore and overcome your fears like the wildcat? If so, join us as we explore this unique area of Appalachia.

Day	Activity	Location	Camping Location at Night
Sunday	Drop Off/ Teambuilding	Camp Fitch	Camp Fitch #
Monday	Drive	I-79	Riverside Canoe #
Tuesday	Canoe	New River (NC)	Riverside Canoe #
Wednesday	Cave	Worley's Cavern	Riverside Canoe #
Thursday	Kayak	New River (VA)	ACE Resort, WV #
Friday	Rafting	Lower New River	Camp Fitch YMCA#
Saturday	Pick Up	Camp Fitch	

# Denotes shower opportunities.

Day	AM	PM	EP	Notes
Sunday		Arrive/ Teambuilding	TBD	
Monday	Drive to North Carolina		Make Camp	
Tuesday	Canoe New River in North Carolina			Campfire
Wednesday	Cave in Bluff City, Tennessee			Ice Cream
Thursday	Kayak New River in Virginia		Drive to ACE Resort	
Friday	Lower New River Rafting (WV)		Drive Back to Camp Fitch	Dinner on road.
Saturday	Parent Pick up			

## Camp Fitch YMCA Adventure Programs



### Important Contact Information:

- ACE Adventure Resort
  - 1 Concho Road, Oak Hill, WV 25901
  - (877) 787- 3982
- Riverside Canoe
  - 2966 Garvey Bridge Rd, Crumpler, NC 28617
  - (336) 982-9439