

Gorge 2 Gorge

Get the best of both worlds and venture to both the Red River Gorge in Kentucky and the New River Gorge in West Virginia. Campers will travel to Slade, KY and go hiking and climbing in the Red River Gorge, along with stand-up paddleboarding in a cave. The trip will then travel to West Virginia and finish with a second day of climbing and white water rafting the New River.

Day	Activity	Location	Camping Location at Night
Sunday	Arrival/ Teambuilding	Camp Fitch	Camp Fitch #
Monday	Drive/ Explore Campground	I- 77, I-64	Lago Linda Hideaway#
Tuesday	Rock Climbing	Red River Gorge	Lago Linda Hideaway#
Wednesday	SUP/ Zipline	Red River Gorge	ACE Resort, WV #
Thursday	Rock Climbing and Rappel	New River Gorge	ACE Resort, WV #
Friday	Raft	Lower New River	Camp Fitch #
Saturday	Pick up	Camp Fitch	

denotes shower opportunities

Day	AM	PM	EP	Notes
Sunday		Arrive/ Teambuilding	TBD	
Monday	Drive to Slade, KY		Explore Campsite	Make camp upon arrival
Tuesday	Hiking and Climbing in Muir Valley		Miguels' Pizza	
Wednesday	SUP in Cave	Zipline Tour	Drive to WV after Zipline	Ice Cream
Thursday	Climbing and Rappelling in New River Gorge		Waterpark	
Friday	Rafting	Drive Back to Camp Fitch		Dinner on road.
Saturday	Parent Pick up			

Important Contact Information (not all locations/ providers used)

- Muir Valley Nature Preserve and Climbing
 - 48 Muir Road, Rogers, KY 41365
 - No phone number listed- call Brad Powell
- The Gorge Underground
 - 2478 Glen Cairn Road, Rogers, KY 41365
 - (844) 254-6244
- Red River Gorge Ziplines
 - 455 Cliffview Rd, Campton, KY 41301
 - (606) 668-9930
- New River Mountain Guides (Climbing and Rappelling)
 - 101 East Wiseman Avenue, Fayetteville, WV 25840
 - (304) 760- 9791
- New River Gorge National Park (Canyon Rim Visitor Center)
 - 162 Visitor Center Road, Lansing, WV 25862
 - (304) 547-2115
- ACE Adventure Resort (Wednesday- Thursday Night)
 - 1 Concho Road, Oak Hill, WV 25901
 - (877) 787- 3982