



Adventure Trips 2024

Change of Levels

- Level 1 (10-11)
 - Allow a 9-year-old if they are attending with a sibling.
- Level 2 (12-14)
 - o Allow a 15-year-old if they are attending with a sibling or friend.
- Level 3 (13-16)
 - o Allow a 17-year-old if it is their last year of camp and if not working Galley Crew.
- Level 4 (15-17)
 - o Allow a 14-year-old if they are a returning trips camper.
- Level 5 (16-17)

Winter/ Spring Weekend Trips:

- Vermont Ski Trip (December 29, 2023- January 1, 2024)
 - Ring in the new year at Bromley Ski Resort in Peru, Vermont. Four days total, two days on the road, two days of skiing. Only for advanced skiers. Please do not sign up if you are a beginner.
 - Ages 10-17. Only clause- must know how to ski.
 - **\$850.00**
- Ski Weekend Adventure (February 10-12)
 - o Learn how to ski at Mount Pleasant Ski Resort on Super Bowl weekend.
 - Ages 10-14
 - \$300.00
- Allegheny Backpacking (Spring KAW Weekend, April 26-28)
 - Experience the western wilderness of Pennsylvania as we journey on a seven-mile hike in the Allegheny National Forest.
 - Ages 12-16
 - \$200.00



Adventure Tracks

 New to the Trips programs, we've come up with select tracks for those campers who want to stick with a familiar area with repeat activities, without having to do the same trip for a second or third time.

Northeast Legacy Track

- A) Lake Erie Legacy
- B) Legends of Lehigh
- C) Jersey Journey
- D) Vermont Voyage or Vermont Ski Trip
- E) Northeast Beast

New River Paddlers Track

- A) Mountain Momma: Junior
- B) Mountain Momma: Classic
- C) Mountain Momma: Ultimate
- D) Sweet Carolina: Piedmont
- E) Mountain Momma: Supreme

Appalachian Heritage Track

- A) Allegheny Backpacking Weekend Trip
- B) Grayson Highlands: Ultimate
- C) Gorge 2 Gorge
- D) Grayson Highlands: Supreme
- E) Sweet Carolina: Pisgah

Mountain Bike Focus Track

- A) Lake Erie Legacy
- B) Legends of Lehigh
- C) Vermont Voyage
- D) Grayson Highlands: Ultimate
- E) Northeast Beast

Climbing Rockstars Track

- A) Mountain Momma: Junior
- B) Mountain Momma: Classic
- C) Jersey Journey
- D) Gorge 2 Gorge
- E) Sweet Carolina: Piedmont

Chill Mode Track

- A) SUP & Chill Weekend Trip
- B) Legends of Lehigh
- C) Mountain Momma: Classic
- D) Mountain Momma: Ultimate
- E) Grayson Highlands: Supreme



Level 1

- Lake Erie Legacy
 - Explore local areas of Northwest Pennsylvania and Northeast Ohio and dive into history! Begin your adventure legacy as you adventure to areas nearby Camp Fitch YMCA. Day trips include ziplining and high rope challenges, kayaking, visiting a local amusement park, mountain biking, stand-up paddle boarding, sea kayaking, and whatever else time allows for! This trip is perfect for the beginner adventure trip camper as they will stay on camp property and enjoy meals from our dining hall.
 - June 30- July 6
- Mountain Momma: Junior
 - Taking the exciting Mountain Momma trip, that is a major hit at Fitch, and making it younger camper friendly! On this level one version of Mountain Momma, campers will stay in cabins with a roof over their heads. This glamping will take place at Ace Resort in West Virginia. Activities will include white water rafting the upper portion of the New River (Class III rapids), playing in a water park multiple days, rock climbing, going on a two-mile hike, and enjoying several other local tourist favorites including doing the bridge walk! Let us seek out new adventures and new friendships!
 - July 7-13

Level 2

- Jersey Journey
 - Travel to the Northwest corner of New Jersey where the black bears and bald eagles reign! This trip features day trips of hiking, rock climbing, whitewater rafting, and mountain biking. Bonus activities include visiting an ostrich farm, swimming in a glacial lake, and shopping in the local touristy town of Jim Thorpe. Experience everything the Delaware Water Gap and Lehigh Valley has to offer and more!
 - June 30- July 6
- Legends of Lehigh
 - New for 2024! This trip is a spinoff of the Jersey Journey trip, allowing campers to stay the entire time in the Jim Thorpe- Leighton, Pennsylvania area. On this trip teens will whitewater raft the Lehigh River, mountain bike the D&L trail, enjoy a day relaxing at Mauch Chunk Lake with SUP and Kayak rentals, and going on a guided tour of a local cave. Of course, spending a night visiting the local shops of Jim Thorpe will be included!
 - July 28- August 3
- Mountain Momma: Classic (see next page)



- Mountain Momma: Classic
 - This is the classic West Virginia trip that started all of this fun and built the foundation of what Fitch Adventures is today! Campers will be tent camping and having access to showers every day at ACE Adventure Resort in West Virginia. Here they will experience two days of white-water rafting on the New River, climbing in the Meadow River Gorge, and walking underneath the New River Gorge Bridge on a historical tour. Ziplining and playing in the lake at ACE will be additional bonus programs.
 - June 16-22
 - July 21-27

Level 3

- Gorge 2 Gorge
 - A new trip for 2024! Get the best of both worlds and venture to both the Red River Gorge in Kentucky and the New River Gorge in West Virginia. Campers will travel to Slade, KY and go hiking and climbing in the Red River Gorge, and stand-up paddleboard in a cave. The trip will then travel to West Virgina and finish with a second day of climbing and white water rafting the New River.
 - July 14-20
- Grayson Highlands: Ultimate
 - Traditionally just called "Grayson Highlands" in the past, this trip highlights everything that Southwestern Virginia and Northeast Tennessee has to offer! Campers will backpack in the beautiful 5,000 ft. mountains in Grayson Highlands State Park, mountain bike the Virginia Creeper Trail, explore a wild cave in Tennessee, and finish the trip by rafting the lower portion of the New River in West Virginia.
 - June 23-29
- Mountain Momma: Ultimate
 - Taking the classic Mountain Momma trip and upping the game! Keeping with the traditional trip, campers will still white water raft the lower portion of the New River, zipline, play in the waterpark, and do the bridge walk. Additions will be stand-up paddle boarding at Summersville Lake, navigating a mud obstacle course, and exploring a high ropes course! Continue the Mountain Momma journey.
 - July 21-27
- Vermont Voyage
 - Heading to the Northeast, this trip follows the same path as our Level 4 trip- Northeast
 Beast but is shortened a bit to get back to Camp Fitch in time for a Saturday parent pick
 up. Campers will go on a day hike in the Green Mountains, mountain bike, and
 whitewater raft the Zoar Valley on the Deerfield in Massachusetts.
 - July 7-13



Level 4

- Grayson Highlands: Supreme
 - This variation of the Grayson Highlands trip lets campers explore east of the mountains. On this trip campers experience a day hike amongst the wild ponies and longhorn cattle 5,000 feet up with no camping, just a day hike. After this, the trip mainly focuses on paddling skills with an overnight canoe trip on the New River in North Carolina (same day section Sweet Carolina does). On Thursday the group finishes up their canoe trip, drives to West Virgina and participates in a high ropes course. The trip ends by rafting the New River on Friday.
 - June 23-29

Northeast Beast

- O Join us on a wild, eight-day experience as we travel throughout the Northeastern United States. The first phase of the trip features backpacking, electronic biking, and stand-up paddle boarding in Vermont's Green Mountains. The second phase involves rock climbing in Northern New Hampshire and two days of whitewater rafting in the Berkshires of Western Massachusetts. This is one beast of adventure! Feed the Beast good vibes and it will reward you with adventure.
 - Northeast Beast will return in 2025!
- Sweet Carolina: Pisgah
 - The river otters invite you to come down south and play in the warm waters! On this version of Sweet Carolina, campers revisit a Grayson Highlands trip favorite- crawling through the cave in Tennessee. After this, the trip enters North Carolina and takes a two-day backpacking trip in the Pisgah National Forest, that can sometimes feel like a rainforest. After completing the hiking portion, the trip will canoe on the New River, straddling the North Carolina/ Virginia border. The trip ends with a bang like most trips at Fitch do- whitewater rafting in West Virginia.
 - June 16-22
- Sweet Carolina: Piedmont
 - This trip is for avid rock climbers and river paddlers! We begin the journey by rock climbing at Pilot Mountain State Park. From there the trip will take a day hike up and over Stone Mountain, relaxing after that at a nearby stream. The ending phase will find us kayaking the New River on the North Carolina/ Virginia border and then jetting up to West Virginia to end with the classic whitewater rafting in the New River Gorge. Explore the Piedmont rocky edge of North Carolina on this trip and create memories that last a lifetime!
 - July 28- August 3



Level V Trips

- Mountain Momma: Supreme
 - Warning! This freakishly, amazing New River Gorge experience continues and ends the Mountain Momma progression tract. Rafting the lower portion of the New River is one of the very first activities, building to rafting the Gauley River at summer water levels at the end of the trip. Expect this to be the best whitewater experience in West Virginia! Other activities include rappelling in the gorge, enjoying the play lake with inflatables, and ziplining.
 - July 14-20